



Catholic Agency for  
Overseas Development



During Lent, Les Holland, Fr. Maria and Mary Dignan walked 603.5 Kms and managed to raise £300 for Cafod. This was a great feat especially as Les is 94yrs of age! Thanks to the generosity of St. Michael's parishioners Cafod is enabled to continue it's work throughout the world.

In May there was a special collection in aid of Sudan, again parishioners were very generous. Please pick up a Side by Side booklet at the back of the church which will show you what Cafod is doing around the world and how your money is helping them.

### **Prayer for Pentecost.**

Come Holy Spirit  
Blow away division and despair  
Light your flame of courage and hope in us  
And warm our hearts with wisdom and love.

Be our Helper, as we seek your ways of justice.  
Be our Comforter, as we share your peace  
with our wounded world.  
Be our Advocate, as we call for the fullness of  
life for all.  
Amen