

## St Peter's Cirencester & St Michael's Tetbury

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**NINETEENTH SUNDAY**  
IN ORDINARY TIME



*I am the living Bread come  
down from Heaven*

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### Hi Friends,

We are living in a world where people of all races and creeds hunger more for spiritual sustenance than for physical food. In response to the spiritual hunger of people in his own day, Jesus proclaims Himself to be "*the Bread of Life that came down from Heaven*" and feeds them with His words.

**Scripture lessons summarized:** The first reading describes the physical and spiritual hungers experienced by the prophet Elijah. The Bread of Life Jesus speaks about is prefigured in this reading by the miraculous food with which the angel nourished the Prophet Elijah in the desert while he was fleeing from the soldiers of Queen Jezebel. After being nourished by the Lord, Elijah was strengthened for the long journey of “*forty days and forty nights,*” to Mount Horeb where God instructed Elijah to continue his prophetic work. The second reading presents Christ Jesus, the “*Bread of Life,*” as a “*sacrificial offering to God for a fragrant aroma.*” Paul reminds the Ephesian Christians that, instead of seeking satisfaction in the stale food of anger, slander, bitterness, and malice, they are to nourish one another with the spiritual food of compassion, kindness, and mutual forgiveness.

Today’s Gospel describes Jesus’ discourse in the synagogue at Capernaum on his return there after miraculously feeding the five thousand. During the discourse, Jesus reveals himself as the true “*Bread of Life that came down from Heaven,*” to give life to the world. Jesus proclaims that it is He Himself, the Incarnate Son of God, who is the new and perfect manna, literally “*come down from Heaven.*” This means that in the Holy Eucharist, Jesus gives us a share of eternal life while we are still on earth. But some of Jesus’ followers turn away when Jesus explains the Source of His mysterious power and Heavenly origin.

**Life messages:** 1) Let us accept the challenge to become bread and drink for others: “You are what you eat?” Let us recognize that Jesus whom we consume in the Holy Eucharist is actually God Who assimilates us into His being. Thus, from Sunday to Saturday we will grow into Jesus as Jesus grows in us, our lives will be transformed by the power of the Holy Spirit, and we will become more like Jesus. In this way, we shall share in the joyous and challenging life of being the Body of Christ for the world – Bread for a hungry world, and Drink for those who thirst for justice, peace, fullness of life, and even eternal life. In other words, the Eucharist challenges us to sacrifice ourselves for others as Christ has done for each of us.

**Nineteenth Sunday in Ordinary Time (Year B)**

When	Where	Masses Requested	Saints & Feasts
Sat 10 <sup>th</sup> Aug 5.30pm	St. Peter’s		Adoration followed by Mass
Sun 11 <sup>th</sup> Aug 9.00am	St. Michael’s	Talya and Oliver – Int. Les Barton - RIP	<b>Nineteenth Sunday</b>
11.00am	St. Peter’s	Tom Lynch - RIP	
Mon 12 <sup>th</sup> Aug	<b>No Mass</b>		
Tue 13 <sup>th</sup> Aug 9.30am	St. Peter’s		
Wed 14 <sup>th</sup> Aug 10.00am	St. Michael’s		<b>Maximilian Kolbe</b>
Thu 15 <sup>th</sup> Aug 9.30am	St. Peter’s	Bernadette Langton - RIP	<b>Assumption of the Blessed Virgin Mary - Solemnity</b>
Fri 16 <sup>th</sup> Aug 9.30am	St. Peter’s	Nettie Caravana - RIP	

**SACRAMENT OF CONFESSION**

In St. Peter’s Saturday 5.15pm to 5.45pm

In St. Michael’s Wednesday 10.30am to 11.00am and by appointment, please ring to arrange.

Thank you.

**A Warm Welcome:** today is Sunday 11<sup>th</sup> August. As always, we welcome visitors and newcomers to join our “regulars,” asking Almighty God to bestow His blessings and graces on us all. You are most welcome to join us for coffee and tea in the Parish Hall.

**Solemnity of the Assumption of the Blessed Virgin Mary** is a Holy Day of Obligation. Mass will be celebrated in St. Peter's on Thursday 15<sup>th</sup> August @ 9.30am.



## **Offertory Collection**

### **Last Week:**

**St. Peter's:** £506.82 (incl. via the Dona Machine)  
100 Club: £92.00

**St. Michael:** £



# Hearty congratulations



**Andrea Rosin and Ross Harries**

Warmest congratulations to Ross Harries and Andrea Rosin on their wedding this past Wednesday, August 7<sup>th</sup>, 2024, at St. Peter's. The parishioners of St. Peter's wish you both a joyful and blessed married life. May God's choicest blessings be with you always!!!

# New Table Tennis Board



St. Peter's Hall is now blessed with a New Table Tennis Board. All who are interested are warmly invited to come and play during the evening hours.

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## **Stella Maris chaplain says seafarers face danger**

“You are the only people who ask us how we are,” a chief engineer said to me recently,” says Peter Morgan, Stella Maris Regional Port Chaplain for Cardiff, Newport, Sharpness, and Bristol. Stella Maris (formerly known as Apostleship of the Sea) is the maritime agency of the Catholic church.

Being a seafarer today is an increasingly dangerous occupation.

In the Red Sea, seafarers face the threat of Houthi missiles, drone attacks and raiding parties. Since last November, Houthis have targeted more than 80 merchant ships.

And once vessels enter the Black Sea the danger levels remain high, with the collapse of a “grain corridor” agreement in July 2023 heightening the tension. Russian drone and missile attacks on the strategically vital Ukrainian port of Odesa occur regularly, with devastating consequences.

Full report here: [Stella Maris chaplain says seafarers face danger](#)



# Thank You

